



eNeRGy Kidz & North Raleigh Gymnastics

5400 Atlantic Springs Road Raleigh, NC 27616 (919) 790-9400

GENERAL RELEASE FORM

Student's Name _____ Age _____ Date of Birth _____ Sex _____
Address _____ City _____ Zip _____
Home Phone: _____
Mother _____ Work Phone _____ Cell Phone _____
Father _____ Work Phone _____ Cell Phone _____
Phone number during gym activity _____
Special Instructions or Medical Issues _____

ACKNOWLEDGE OF RISK AND WAIVER OF LIABILITY

I hereby consent to my and/or my child's participation in the programs of Gymnastics, Inc. d/b/a eNeRGy Kidz and North Raleigh Gymnastics (NRG). I understand that injuries can occur and risk is involved in any athletic activity for myself or my child, especially gymnastics activity that involves height and motion.

I further agree that eNeRGy Kidz and NRG, along with the employees, agents, officers, and directors of eNeRGy Kidz and NRG shall not be liable for any losses or damages occurring as a result of my and/or my child's participation in any activity offered by eNeRGy Kidz and NRG, including transportation to and from activities, except where such loss or damage is the result of the intentional or reckless conduct of one of the organizations or individuals identified above.

This acknowledgment of RISK AND WAIVER OF LIABILITY has been read and is signed voluntarily.

X _____
Parent or Guardian's Signature **Date**